

# A SPIRITUAL 9-DAY JOURNEY THROUGH ANCIENT EGYPT

**With the Revd Graham & Mrs Sally Paddick**

**23rd April - 1st May 2012**



featuring 4 nights in Cairo and a **4-night first-class Nile Cruise**  
between Aswan and Luxor taking in the splendours of the Nile



# A 5000 YEAR PILGRIMAGE

with the Revd Graham & Mrs Sally Paddick

The life-giving waters of the Nile have shaped Egyptian civilisation since the dawn of history. The river provided the Pharaohs of ancient Egypt with a waterway from the fertile Delta to the wastes of Nubia. Along the banks of the Nile, the wonders of that ancient civilisation are strung out like gems on a necklace. The ideal way to see the tombs and temples is to visit them as the Pharaohs did - by river. Cruising the Nile is not only by far the most stress-free way of travelling between the sights of Egypt - it also offers a fascinating glimpse of a timeless world, cruising

amidst the white triangular sails of trading feluccas and passing rural villages and farms where little seems to have changed in five thousand years.

We include four nights in Cairo during which time we will see the Sphinx and Pyramids, Tutankhamun's treasures in the Egyptian Museum and Coptic Cairo. Our meet-the-people visit is to the Anglican-run, Bible Lands-supported Deaf School in Cairo.

**We hope you will join us on one of the classic journeys in the world !**

## TOUR INFORMATION

We begin and end our holiday in Cairo, spending one night close by the airport and later three nights at a well-appointed hotel beside the pyramids. We fly south to Aswan to join our Nile Cruiser and the next four nights are on board sailing downstream to Luxor. All meals are included on board including afternoon tea! We fly back from Luxor to Cairo and spend the last three nights of our holiday at a four star hotel close to the pyramids. Breakfast and dinner are included each day when we are staying in hotels and all meals whilst on the cruiser. Our holiday includes a full programme of sightseeing with guiding and entrance fees included. Flights are with Egyptair from London Heathrow to Cairo and on to Luxor, returning from Aswan to Cairo and back to London Heathrow. All airport taxes and fuel surcharges, as well as Egyptian visa costs are included in the tour price.

The cost of the tour is £1,570 based on sharing a twin-bedded room/cabin. Some single rooms/cabins are available at a supplement of £385. Extras to budget for are the insurance premium of £49 (if required) and a contribution to the group gratuity fund of £40. The "Son et Lumiere" experiences at the pyramids and Luxor are inexpensive and arranged locally with the guide.



## MOVENPICK CRUISERS

The Movenpick Royal Lotus is a first-class cruiser with its own programme of sightseeing. Excursion times vary according to the weather and sailing times but the party will benefit from having a guide specifically allocated to our group. Cabins are air-conditioned with twin beds, private wc & shower, fridge, TV and panoramic window. The cruiser has an air-conditioned dining room, lounge and bar, a spacious sundeck to view the Nile and enjoy afternoon tea, a small swimming pool and gift shop. There is sometimes entertainment on board in the evenings.

## TO MAKE A RESERVATION

To reserve your place on this tour please complete the enclosed booking form and send it, with a deposit of £100 per person, plus the insurance premium of £49 (if required), to:

**Mrs Sally Paddick, St John's Vicarage,  
The Platt, Dormansland, RH7 6QU**

**Tel: (01342) 832391**

# Daily Programme

## Monday 23rd April London to Cairo

We meet at London Heathrow to fly with Egyptair to Cairo. Our flight MS 778 departs at 1500 hours arriving in Cairo at 2045 hours. **On arrival we transfer to the Le Passage Heliopolis Hotel (close to the airport) for an overnight stay.**

## Tuesday Fly to Aswan

An early start as we head south. Egyptair flight MS 130 departs Cairo at 0730 arriving in Aswan at 0855. Morning flight to Aswan and **embark on the Movenpick Royal Lotus for our four night cruise.** Afternoon at leisure.

## Wednesday Aswan to Edfu



This morning visit the remarkable construction of the High Dam, the gigantic unfinished obelisk and the beautiful Temple of Isis on the island of Philae, before beginning your journey along the tranquil and ageless course of the

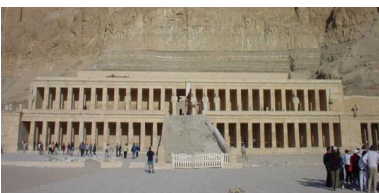
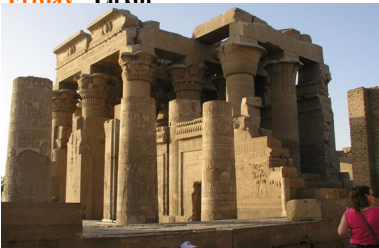
Nile Valley. Sail first to the Ptolemaic Temple of Kom Ombo, unusual in that it is dedicated to twin Gods - Sobek and Horus. After your visit continue to Edfu, where we overnight.

## Thursday Esna & Edfu temples



Morning visit to the exceptionally well-preserved Temple of Horus at Edfu. From here sail through the lock at Esna to Luxor, where you moor for the night.

## Friday Luxor



Luxor, the site of ancient Thebes, was once the sacred centre of the worship of Amun-Re, the supreme deity of the Middle and New Kingdoms. This morning visit the West Bank, where the tombs of the Pharaohs and their consorts lie amidst the stark landscape of the Valley of the Kings and Queens. You also visit the magnificent mortuary Temple of Queen Hatshepsut at Deir el-Bahari, before returning to the boat for lunch. This afternoon visit Luxor Temple and the immense grandeur of Karnak, before returning for your final evening onboard.

## Saturday Cairo: Pyramids & the Sphinx

Disembark the boat after an early breakfast and fly back to Cairo. Egypt Air flight MS073 departs Luxor at 0930 and arrives in Cairo at 1040.

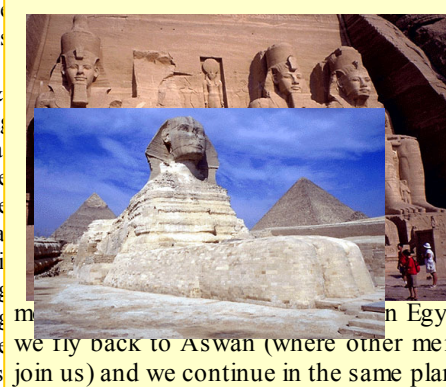
**We transfer on arrival to the Pyramids Park hotel beside the pyramids for a three night stay.**

This afternoon we visit the Giza pyramid complex, the survivor of the Seven Wonders of the World, set amidst its sister Pyramids.

## Sunday Meet the people & the Nile

We begin our day by visiting the Anglican-run Deir el Bahari School where we celebrate Holy Communion. We continue to Memphis, once the capital of ancient Egypt and visit the Step Pyramid of King Zoser at Saqqara. Evening optional Son et Lumiere presentation at the Pyramids.

## ABU SIMBEL OPTIONAL EXCURSION



Today optional excursion to Abu Simbel (be a visit in Egypt. For we fly back to Aswan (where other members join us) and we continue in the same plane direct to London.



## Monday King Tutankhamun's treasures

The morning we visit the Egyptian Museum, one of the great museums of the world containing the golden death mask and other treasures found in the tomb of the boy King Tutankhamun. In the afternoon we visit the Citadel and Mohamed Ali Mosque (or Christian Coptic Cairo) and enjoy shopping in the Khan al Khalili Bazaar.

## Tuesday 1st May Homeward Bound

We drive to Cairo Airport for our return flight MS 777 which departs at 0930 hours and arrives into London Heathrow at 1335.

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# TRAVEL TO EGYPT

## McCABE PILGRIMAGES

Our pilgrimage is being organised in association with McCabe Pilgrimages, a company well-known to us and Alistair McCabe has assured us of his personal attention to the detail of our holiday. Now celebrating its 25th anniversary, McCabe has been responsible for organising very many of our tours over the years.

## TRAVELLING ALONE

Many of our passengers travel alone and object to expensive single room supplements. McCabe Pilgrimages will accept individual bookings on a 'guaranteed share' basis. We charge the basic price and accommodate you with a person of the same sex also requesting shared accommodation. If we do not find someone to share with you, you will be accommodated in a single room at only 50% of the usual single room supplement. For single travellers who do require single accommodation this should be requested when booking and, if available, the normal supplement will be payable.

## PASSPORTS, VISAS AND HEALTH

Please ensure that your passport is valid for at least six months after the time of this pilgrimage. If you need a new passport apply early as there can be considerable backlogs at the passport offices. McCabe will organise a group visa on your behalf for entry into Egypt. If you are holding a non-British passport, or require further advice, please consult the McCabe office. No inoculations are required. We, however, do advise you to consult your doctor regarding your own personal requirements.

## TRAVEL INSURANCE

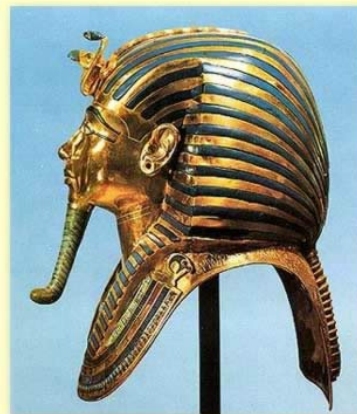
McCabe will arrange comprehensive travel insurance cover for each passenger unless otherwise indicated on the booking form. We have negotiated the premium (see 'Tour Information' section inside for rate) which as well as offering full medical and baggage cover also gives cover against loss of deposits. Cover is arranged by Preferential Insurance Services Ltd and is underwritten by Optimum Underwriting Limited as underwriting agents for Groupama Insurance Company Limited – each aforementioned organisation is authorised and regulated by The Financial Services Authority (FSA). The policy wording sets out full details of cover and will be sent to you with your confirmation invoice. This document also acts as your insurance certificate so that your booking reference number is also your insurance policy number.

A special feature of the McCabe insurance is that there is no age limit. Please, however, note it is a requirement that all insured persons must adhere to the Medical Health Requirements section on page 5 of the Policy wording document (which we will send you with your confirmation invoice). If you answer yes to any of the questions asked within this section you must contact the [HELPLINE 0843 208 1461](tel:08432081461). This is a confidential service that will decide whether or not this insurance is appropriate for you. If they decline to offer cover, or if you are unhappy with any aspect of the cover, you can return the policy within 14 days of issue and receive a full refund. In cases of difficulty, we have specialist insurers we can introduce you to.

## AITO Quality Statement

McCabe Pilgrimages is a member of the Association of Independent Tour Operators. The Association represents Britain's leading independent tour operators and encourages high standards of quality and service. McCabe abides by the Association's Code of Conduct and adheres to the AITO Quality Charter which can be viewed on [www.aito.co.uk](http://www.aito.co.uk). Visit the website to find out more about the Association or call 020 8744 9280.

This pilgrimage is ATOL protected by the Civil Aviation Authority. The McCabe ATOL number is 2920.



## McCabe Pilgrimages

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