

A PILGRIMAGE TO THE HOLY LAND



With your church
Dates in 2011

A comprehensive 10-day pilgrimage based in Jerusalem and the Galilee



McCabe Pilgrimages



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From your church

Dates in 2011

In the Middle East, the reality on the ground is often far removed from what we see and read in the news. Places of pilgrimage are open and welcoming visitors. We have planned our programme for late March when the weather is ideal for touring and this period is considered peak season. We will have the opportunity to worship with the local Christian community in Jerusalem on the Sunday morning and on our journey through the Holy Land to seek them out and to offer our support and encouragement.



Visits will include Jerusalem, Bethlehem, Nazareth, Capernaum, the Sea of Galilee, the Dead Sea and Qumran, as well as allowing free time for relaxation and private exploration. We will walk along the Via Dolorosa, sail on the Sea of Galilee, float on the Dead Sea and ascend the Mount of Masada by cable car. The Holy Land is unique in offering so many highlights and contrasts in such a compact area. Each day of our pilgrimage will be very different from the previous one.

We will travel with optimism and enthusiasm as we participate in a new era of Holy Land pilgrimage and re-discover the joy and enrichment of being a pilgrim.



TOUR INFORMATION

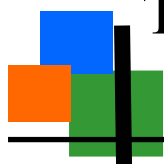
The cost of this tour is £1,525 sharing a twin-bedded room with private facilities. We stay in two family owned and managed hotels. In Jerusalem, the three star Golden Walls Hotel overlooks the Old City walls and is within walking distance of the Holy Sepulchre. In Tiberias, we stay at the four star Ron Beach Hotel in a wonderful situation right on the lakeside. The tour is on a **full-board basis** with buffet breakfast, lunch and table d'hôte evening meal included daily. Touring is in air-conditioned coaches and we will be accompanied by a local guide who will share leadership responsibilities and look after the formalities of hotel check-ins etc. All entrance fees are included. Flights are with EL AL Israel Airlines between London Heathrow Airport and Tel Aviv (and also include British Midland connections between Edinburgh and London Heathrow). All airport and security charges are included and a complimentary visa is issued on arrival in Israel.



We have included most expenses in the tour cost but some items are listed separately. The travel insurance premium is £49. Everybody travelling should be insured but some may have annual or another suitable insurance. You should budget for an amount of £40 per person for a group gratuity fund which we will disburse locally to those who help us as we journey. Some single rooms are available at a supplement of £245. Please, however, see our note "Travelling Alone" overleaf.



The optional excursion to Masada and the Dead Sea costs £45. Any special requests should be noted on the booking form. A deposit is payable now with the balance payable 8 weeks prior to departure.



TO MAKE A RESERVATION

To reserve your place on this tour please complete the enclosed booking form and send it with a deposit of £100 plus the insurance premium of £49, to the tour leader. Please make cheques payable to 'McCabe Pilgrimages'.

Tour leader
Address
Tel: (01) E-mail:





DAILY PROGRAMME

Wednesday JOURNEY TO THE HOLY LAND

We travel on British Midland flight BD 53 from Edinburgh to Heathrow, departing at 0850 and arriving at 1025 to connect with our EL AL flight to Tel Aviv. Flight LY 316 departs at 1430 hours arriving at 2115. Transfer on arrival to our hotel in Jerusalem. **Six night stay at the Golden Walls Hotel close to the Old City and the Biblical sites we will be visiting.**

Thursday AN INTRODUCTION TO JERUSALEM



We drive to the Mount of Olives where we have a panoramic view of the walled city. As we look across the Kidron Valley we see the Golden Gate, the Dome of the Rock

and the Church of the Holy Sepulchre. On the Mount of Olives we visit the Pater Noster Church, Dominus Flevit Chapel and the Church of All Nations in the Garden of Gethsemane. We drive to the picturesque village of Ein Karem where we have lunch at the Sisters of Zion convent and visit the Church of St John the Baptist and the Church of the Visitation. We then return to Jerusalem, passing the Knesset and visiting the Israel Museum where we see the Model of Ancient Jerusalem.

Friday BETHLEHEM

Today we cross into Palestinian territory to visit Bethlehem. We visit Helen Shehadeh, an elder of St. Andrew's, at the Al Shurooq Blind School. We then celebrate Holy Communion in the Fields of the Shepherds and have a shopping opportunity in the olive wood co-operative. After lunch in the International Centre (where we also learn something of their work), we visit Manger Square and the Basilica and Grotto of the Nativity and St Jerome's Caves.

Saturday MASADA AND THE DEAD SEA



A free day in Jerusalem or join a full-day **OPTIONAL** excursion to Masada

and the Dead Sea. We drive into the Judean wilderness to Herod's desert fortress of Masada, which we ascend by cable car. We have an opportunity to float in the therapeutic waters of the Dead Sea before lunch in the Lot Hotel. On our return journey to Jerusalem we call at Qumran (where the Dead Sea scrolls were discovered). En route to Jerusalem we call briefly at Jericho and make an orientation tour around the town.

Cost £45 including lunch. We will book you on the excursion unless you indicate otherwise on the booking form.

Sunday THE LORD'S DAY IN JERUSALEM

Before breakfast there is the opportunity to re-visit the Church of the Holy Sepulchre to witness the variety of Orthodox liturgies. Morning worship with the local congregation at St Andrew's Church of Scotland. We have lunch at the Jerusalem Hotel and in the afternoon drive to West Jerusalem to visit the moving Yad Vashem memorial to the Holocaust on Mount Herzl.

Monday THE VIA DOLOROSA

We begin on Mount Zion at the Church of St Peter in Gallicantu (the High Priest's House). We enter the Old City through Zion Gate and walk to the Western Wall (Bar Mitzvah ceremonies) and ascend the Temple Mount to visit the El Aqsa Mosque and the Dome of the Rock. We finish our morning by the Pool of Bethesda. After lunch at the Ecce Homo convent, we follow the Via Dolorosa through the lanes of the Old City to the Church of the Holy Sepulchre, finishing the day at the Garden Tomb.

Tuesday ROMANS AND CRUSADERS

We leave Jerusalem and call first at the Benedictine monastery at Abu Guosh. We continue to the Mediterranean coast to the Roman capital of Caesarea, where we visit the restored amphitheatre and the aqueduct. We then drive up on to the Carmel mountain range and stop for lunch at a Druze restaurant. This afternoon we visit the Mukraqa, place of Elijah's sacrifice, before continuing to Tiberias. **Three night stay at the Ron Beach Hotel on the lakeside of the Sea of Galilee with visits to places associated with Jesus' early life and ministry.**



We then drive up on to the Carmel mountain range and stop for lunch at a Druze restaurant. This afternoon we visit the Mukraqa, place of Elijah's sacrifice, before continuing to Tiberias. **Three night stay at the Ron Beach Hotel on the lakeside of the Sea of Galilee with visits to places associated with Jesus' early life and ministry.**

Wednesday NAZARETH

We ascend Mount Tabor in taxis to visit the Basilica of the Transfiguration and enjoy magnificent views over the plain of Armageddon. We continue to Nazareth where we visit the Nazareth Village, a recreation of life in the town in the 1st Century. We lunch here in a Bedouin tent. In the afternoon we visit the Basilica of the Annunciation and synagogue. We return to Tiberias through Cana, scene of Jesus' first miracle.

Thursday THE LAKESIDE MINISTRY

Today we visit the sites associated with Jesus' life around the Sea of Galilee. We drive to the north of the lake and visit the ruins of Capernaum, Jesus Galilean base. We continue to Mensa Christi (where Jesus appeared to his disciples after His resurrection) and celebrate Holy Communion on the shores of the lake at Tabgha beside the Church of the Loaves and Fishes. Lunch is at the Convent of the Beatitudes. We visit the church and garden which commemorate the sermon on the Mount. After lunch, we walk down to the lake and conclude our pilgrimage with a sail on the Sea of Galilee back to Tiberias.



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Friday 15th April HOMEWARD BOUND

An early start as we drive to Ben Gurion Airport for our return flight. EL AL flight LY 315 departs at 0905 hours arriving into London Heathrow Airport at 1230 hours. Connecting flight BD 60 departs Heathrow at 1700 arriving Edinburgh 1825 hours.



OUR PILGRIMAGE

Golden Walls hotel, Jerusalem

We are planning this programme with the expectation that we will be able to visit all of the places included in our itinerary. If it becomes inadvisable to visit any particular place we will amend our programme accordingly. There are countless other sites we could include in our itinerary given more time and the Holy Land is a country where many alternative places to visit are equally as interesting as those we include. If the British Foreign Office advised against travel to the region we would cancel or postpone our visit and all monies paid would be refundable on request.



Ron Beach hotel beside the lake

Please ensure that your passport is valid for at least six months after the time of this pilgrimage. If you need a new passport apply early as there can be considerable backlogs at the passport offices. A visa is issued free of charge on entering Israel and there are currently no further requirements for entering the Palestinian territories. If you are holding a non-British passport, or require further advice, please consult the McCabe office. No inoculations are required. We, however, do advise you to consult your doctor regarding your own personal requirements.

TRAVELLING ALONE

Many of our passengers travel alone and object to expensive single room supplements. McCabe Pilgrimages will accept individual bookings on a 'guaranteed share' basis. We charge the basic price and accommodate you with a person of the same sex also requesting shared accommodation. If we do not find someone to share with you, you will be accommodated in a single room at only 50% of the usual single room supplement. For single travellers who do require single accommodation this should be requested when booking and, if available, the normal supplement will be payable.

PASSPORTS, VISAS AND HEALTH

TRAVEL INSURANCE

McCabe will arrange comprehensive travel insurance cover for each passenger unless otherwise indicated on the booking form. We have negotiated the premium (see 'Tour Information' section inside for rate) which as well as offering full medical and baggage cover also gives cover against loss of deposits. Cover is arranged by Preferential Insurance Services Ltd and is underwritten by Optimum Underwriting Limited as underwriting agents for Groupama Insurance Company Limited – each aforementioned organisation is authorised and regulated by The Financial Services Authority (FSA). The policy wording sets out full details of cover and will be sent to you with your confirmation invoice. This document also acts as your insurance certificate so that your booking reference number is also your insurance policy number.

A special feature of the McCabe insurance is that there is no age limit. Please, however, note it is a requirement that all insured persons must adhere to the Medical Health Requirements section on page 5 of the Policy wording document (which we will send you with your confirmation invoice). If you answer yes to any of the questions asked within this section you must contact the **HELPLINE 0845 250 5220**. This is a confidential service that will decide whether or not this insurance is appropriate for you. If they decline to offer cover, or if you are unhappy with any aspect of the cover, you can return the policy within 14 days of issue and receive a full refund. In cases of difficulty, we have specialist insurers we can introduce you to.

McCabe Travel Ltd is an appointed representative of Preferential Insurance Services Ltd which is authorized and regulated by the Financial Services Authority (FSA) as are both Optimum Underwriting Ltd and Groupama Insurance Company Ltd.

AITO Quality Statement

McCabe Pilgrimages is a member of the Association of Independent Tour Operators. The Association represents Britain's leading independent tour operators and encourages high standards of quality and service. McCabe abides by the Association's Code of Conduct and adheres to the AITO Quality Charter which can be viewed on www.aito.co.uk. Visit the website to find out more about the Association or call 020 8744 9280.

This pilgrimage is ATOL protected by the Civil Aviation Authority. The McCabe ATOL number is 2920.



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